

## The Inner Life of the Artist Conversations from the Atelier

Juliette Aristides

**'When we put pen to paper, fingers to piano keys, eyes to great books, we cultivate the art of being human.'** – Juliette Aristides in *The Inner Life of the Artist*

Following the successful publication of Juliette Aristides' perennial bestsellers *Beginning Drawing Atelier* (2019) and *Figure Drawing Atelier* (2019), her newest Monacelli Studio book *The Inner Life of the Artist: Conversations from the Atelier* is an inspirational guide to thinking, making, and embodying the mind of a creative person.

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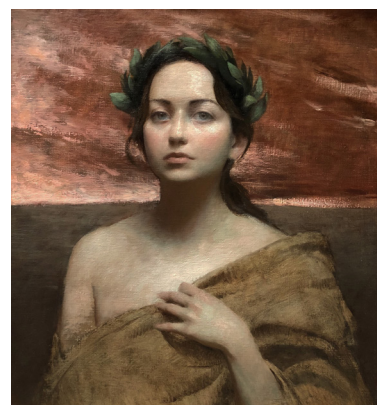
**TRIM:** 6.5 x 8 inches

**ILL:** 75

Through technical, visual, and mental exercises, Aristides invites us to tune into our most artistic (and perhaps our most human) selves. She argues that by engaging the senses and diving into direct experiences, artistic practice nurtures our humanity, offering a vital counterbalance to the flattening effects of digital technology.

*The Inner Life of the Artist* contains a series of short, insightful essays paired with guiding quotes by contemporary and historical artists. Accompanying these texts is a carefully curated selection of nearly 100 artworks from the past and present that offer transportive windows into immersive emotional and artistic experiences. For those interested in technical skill-building, important principles of classical and traditional atelier training are applied throughout, with an emphasis on cultivating the artistic mind, along with the hand and the eye.

Presented in a compact package with a gorgeous cerulean blue case, this elegant and moving book will make a cherished gift for any creative thinker, aspiring artist, or friend seeking to reinvigorate the senses.

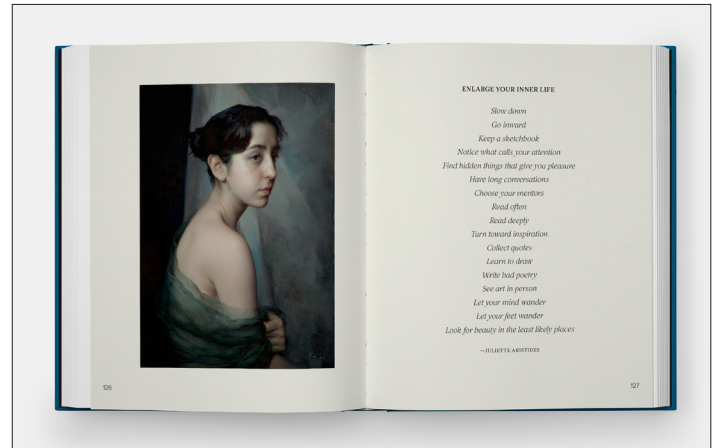


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# The Inner Life of the Artist



## About the Authors

**Juliette Aristides** is a Seattle-based painter who seeks to understand and convey the human spirit through art. Aristides is the founder of the Atelier programs at the Gage Academy of Fine Art in Seattle. She teaches workshops as well as exhibits nationally and internationally. Aristides is the bestselling author of *Beginning Drawing Atelier* and *Figure Drawing Atelier*, amongst other highly-regarded Atelier art instruction books.

## About Monacelli

As a leading publisher of illustrated books for more than twenty-five years, **Monacelli** has challenged the conventions of publishing to produce provocative, inspiring, and essential titles. Founded in 1994 by Gianfranco Monacelli, the organization has released nearly 600 books on architecture, art, interior design, landscape and gardens, photography, and the applied arts. Monacelli's books have been made in collaboration with prominent practitioners and scholars ever since its inaugural title, the groundbreaking *S,M,L,XL* by Rem Koolhaas and Bruce Mau. In 2015, the applied arts imprint Monacelli Studio was launched, adding elevated books on art instruction, photography technique, and crafts to the publisher's roster. In 2020, Monacelli joined the Phaidon family of companies.

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